

Your child may need extra love and care after getting vaccinated. Some vaccinations that protect children from serious diseases also can cause discomfort for a while.

Approximately 25% of children will have some temporary symptoms following vaccinations. All of these reactions mean the vaccine is working. Your child's body is producing new antibodies to protect against the real disease.

I think my child has a fever. What should I do?

Check your child's temperature to find out if there is a fever. For a child less than six months old, use a rectal thermometer.

For children greater than six months old, you can take the temperature orally or in the armpit (axillary); on the forehead with a temporal thermometer; or in the ear using a tympanic thermometer.

A fever is normal and generally harmless after immunizations. A fever might begin within 12 hours of most vaccines and may last 2-3 days. A fever is anything over 100.4, if the fever is over 105 or a rectal temperature in a baby less than 12 weeks old is over 102, contact our office.

How to help reduce a fever:

- Give your child plenty to drink.
- Dress your child lightly. Do not cover or wrap your child tightly with thick blankets.
- A fever is a natural body process after immunizations and doesn't need to be reduced.

My child's leg or arm is swollen, hot, and red. What should I do?

- Apply a clean, cool, wet washcloth over the sore area for comfort.
- For pain, give a medicine such as acetaminophen or ibuprofen. See dosing information. Do not give aspirin.

My child's leg or arm is swollen, hot, and red. What should I do? (Cont.)

- If the redness or tenderness increases in size after 24 hours, or encompasses a large area, call the Triage Nurse line.

Local vaccine reactions normally occur in 25% of immunizations. This is a good sign that means the body is creating antibodies to the vaccine. Pain, tenderness, swelling, and redness at the injection site are common side effects. They can last for 3-7 days.

My child has been fussy since getting vaccinated. What should I do?

- Plan for more quiet and restful activities, your child will probably want to be held in your arms more than normal.
- To reduce discomfort you may want to give your child medicine. See dosage chart.
- If your child has a high-pitched unusual cry for over 1 hour or continuous crying for over 2 hours, call the Triage Nurse Line.

All vaccines can cause mild fussiness, irritability, and restless sleep. This is usually due to a sore injection site. Some children sleep more than usual. A decreased appetite and activity level are also common. These symptoms are normal and do not need any treatment. They usually resolve in 24-48 hours.



Medicines and Dosage:

Choose the proper medicine and measure the dose accurately. Children's ibuprofen or acetaminophen can be used to reduce fever unless your healthcare provider states otherwise.

- *Give the dose based on child's weight.*
- *Always use a proper measuring device, like the one provided with the medicine. Do NOT use a kitchen spoon. If the measuring device is misplaced, contact your physician or pharmacist for advice.*
- *Don't give your child larger amounts than the dosages listed below. Too much medicine can cause an overdose.*
- *When you give your child ibuprofen or acetaminophen, make sure you consult our office or your pharmacist before giving any other medications.*

If you have questions about the dosage amounts or any other concerns, please contact your healthcare provider.

Dosage charts on back



Call your provider right away if you answer "Yes" to any of the following questions:

- Does your child have a temperature that your healthcare provider has told you to be concerned about?
- Is your child pale or limp?
- Has your child been crying for more than two hours and just won't quit?
- Is your child's body shaking, twitching, or jerking?
- Is your child very noticeably less active or responsive?



**Woodcreek
Healthcare
253-848-8797**

Option 4 if you'd like to speak with a Triage Nurse. You can also send a secure message via YourAccess, our patient portal to a Triage Nurse with any questions or concerns. Registered nurses are available during normal business hours.

woodcreekhealthcare.com

Acetaminophen Brand Names: Tylenol, FeverAll (suppositories), generic acetaminophen					
Child's Weight (Pounds)	Total amount MG	Syrup: 160 mg/5 milliliters (mL)	Syrup: 160 mg/1 teaspoon (tsp)	Chewable: 80 mg tablet	Chewable: 160 mg tablet
6-11 lb	40	1.25	x	x	x
12-17 lb	80	2.5	1/2	x	x
18-23 lb	120	3.75	3/4	1 1/2	x
24-35 lb	160	5	1	2	1
36-47 lb	240	7.5	1 1/2	3	1 1/2
48-59 lb	325	10	2	4	2
60-71 lb	400	12.5	2 1/2	5	2 1/2
72-95 lb	480	15	3	6	3
96+	650	20	4	8	4

Childs Weight	48-59	60-71	72-95	96+
Adult tablet 325mg	1	1	1 1/2	2
Adult tablet 500mg	x	x	1	1

Ibuprofen (Do Not Give Under Six Months of Age) Brand Names: Motrin, Advil, generic ibuprofen					
Child's Weight (Pounds)	Total amount MG	Infant drops: 50mg/1.25mL	Liquid: 100mg/1 teaspoon (tsp)	Liquid: 100mg/5 milliliters (mL)	Chewable: 50mg tablets
6-11 lb	x	x	x	x	x
12-17 lb	50	1.25	1/2	2.5	x
18-23 lb	75	1.875	3/4	4	x
24-35 lb	100	2.5	1	5	2
36-47 lb	150	3.75	1 1/2	7.5	3
48-59 lb	200	5	2	10	4
60-71 lb	250	x	2 1/2	12.5	5
72-95 lb	300	x	3	15	6
96+	400	x	4	20	8

Childs Weight	48-59	60-71	72-95	96+
Junior-strength 100mg tablet	2	2 1/2	3	4
Adult tablet 200mg tablet	1	1	1 1/2	2



After the Shots

